

2026 Youth Challenge Series

Meet Information

Meet Dates	April 12, 2026 – Season Opener
	April 19, 2026 – New York Relays
	May 2, 2026 – Spring Fling Festival
	May 9, 2026 – Northeast Twilight Classic

* Mixed age relays will run as three divisions. Division 7 will be 7-8 & 9-10, Division 8 will be 11-12 & 13-14 and Division 9 will be 15-16 & 17-18.

** Invitational events are based on previous performance. The top 12-15 athletes will be accepted for each event.

Eligibility	<ul style="list-style-type: none"> All youth athletes are required to be USA Track & Field members in order to compete in the 2026 Youth Challenge Series and age verified by their association. Athletes competing for their High School teams are not eligible to compete during the high school season. Athletes will be permitted to compete in either two running events and one field event or two field events and one running event for a total of three each. This limit will be strictly enforced.
Entry	<ul style="list-style-type: none"> Coaches will be required to enter all athletes into events with accurate seed times at www.athletic.net. Here is the link if you need to set up an account - http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx The meet will be pre-seeded and athletes will receive labels with heat and lane assignment. Coaches may enter NT or NM and athletes will be randomly seeded in unseeded heats. All entry fees must be paid in full online before the close of entries. Any entries that are not paid for in advance will not be accepted. NO DAY OF ENTRIES WILL BE ACCEPTED – NO EXCEPTIONS! Entry fee is \$18 per athlete.
Entry Deadlines	<ul style="list-style-type: none"> Wednesday, April 8th (April 12th meet) – 11:59pm Wednesday, April 15th (April 19th meet) – 11:59pm Tuesday, April 28th (May 2nd meet) – 11:59pm Tuesday, May 5th (May 9th meet) – 11:59pm
Packet Pick-Up	<ul style="list-style-type: none"> There are no packets for the youth challenge meets.
Pre-Meet Warm-up	<ul style="list-style-type: none"> The field of play will open for warming-up one hour prior to the scheduled first event and will close 15 minutes prior to the start of the meet. We ask that all athletes and coaches respect this timeline. After that all warming up is conducted outside of the stadium, if there is a soccer game on field 10 please do NOT go on the field.
Athlete Check-In	<ul style="list-style-type: none"> Athletes will be clerked in on the 2nd floor of the stadium and brought to the track by the running clerks. Athlete should know their heat and lane prior to arriving at the clerk. Field event athletes will report directly to their field event when called. All event will have a 1st and last call and will close approximately five minutes after the final call. Please make sure your athletes are alert and paying attention to all announcements.

	<ul style="list-style-type: none"> • Events will be called by age group and boys and girls will alternate through events.
Relays	<ul style="list-style-type: none"> • Athletes must be from the same age division and club, unless noted as mixed relays. • Relays count towards your athletes events limit. • Batons will be provided – athletes should not bring batons with them to the clerking area.
Field Events	<ul style="list-style-type: none"> • All field event athletes will receive 3 throws total, no finals • Limited implements will be provided; athletes are encouraged to bring their own • Pole Vaulter and Hammer Throwers must supply their own poles and hammers
Accepted Entries	<ul style="list-style-type: none"> • Heat sheets for each meet will be posted the Friday prior to the meet and an updated time schedule will be sent out at that time.
Spikes and Icahn Stadium Rules	<ul style="list-style-type: none"> • Icahn Stadium will only permit ¼” pyramid spikes. Any athletes with wearing spike larger than ¼” will be disqualified from all events. • Spikes will be for sale on the 3rd floor. • No hard coolers are permitted inside the stadium (soft coolers are okay) • No chairs or tents permitted inside the Stadium. • No Pets are permitted inside of Stadium.
Awards	<ul style="list-style-type: none"> • Top three in each age group will receive a medal.
Contacts	<ul style="list-style-type: none"> • Lauren Primerano – lauren.primerano@parks.nyc.gov • Louis Vazquez – louis.vazquez@parks.nyc.gov
Websites	<ul style="list-style-type: none"> • Meet website will be hosted at www.Randallsisland.org • Live results will be run through www.Randallsisland.org

Implement and Hurdle Heights

Youth Weights and Heights	80/100/110HH	200IM	400IM	Shot Put	Turbo Jav	Discus	Javelin	Hammer
Division 1 Boys and Girls				2K				
Division 2 - Boys and Girls				6lb	250 gram	1K		
Division 3 - Boys and Girls	30"			6lb	450 gram	1K		
Division 4 - Boys	36"	30"		4K		1K	600 Gram	
Division 4 - Girls	30"	30"		6lb		1K	600 Gram	
Division 5 - Boys	39"		36"	12lb		1.6K	800 Gram	12lb
Division 5 - Girls	33"		30"	4K		1K	600 Gram	4K
Division 6 - Men	39"		36"	12lb		1.6K	800 Gram	12lb
Division 6 - Women	33"		30"	4K		1K	600 Gram	4K

Age Divisions

Division	Year of Birth
Division 1 (7-8 year olds)*	2018+*
Division 2 (9-10 year olds)	2016-2017
Division 3 (11-12 year olds)	2014-2015
Division 4 (13-14 year olds)	2012-2013
Division 5 (15-16 year olds)	2010-2011
Division 6 (17-18 year olds)**	2008-2009

* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

** Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the Young Men's and Young Women's divisions through that meet. This extended eligibility does not apply to cross country events.



Meet Schedule

Sunday, April 12, 2026 - Youth Challenge Series Season Opener

ICAHN STADIUM AT RANDALL'S ISLAND

Schedule of Events

	Divisions	8U	9-10	11-12	13-14	15-16	17-18	7-10	11-14	15-18
10:00am	1500m Race Walk		X	X	X	X	X			
	80HH/100HH/110HH			X	X	X	X			
	100m Dash	X	X	X	X	X	X			
	800m Run	X	X	X	X	X	X			
	200m Dash	X	X	X	X	X	X			
	1500m Run	X	X	X	X	X	X			
	4 X 200m Relay	X	X	X	X	X	X			
10:00am	Shot Put	X	X	X	X	X	X			
	Long Jump	X	X	X	X	X	X			
1:00pm	Javelin	X	X	X	X	X	X			
	High Jump		X	X	X	X	X			

***Athletes that are competing with their high schools are not eligible for this meet.**

Meet Schedule

Sunday, April 19, 2026 – New York Relays

ICAHN STADIUM AT RANDALL'S ISLAND

Schedule of Events

	Divisions	8U	9-10	11-12	13-14	15-16	17-18	7-10	11-14	15-18
9:45am	200IH/400IH			X	X	X	X			
	100m Dash	X	X	X	X	X	X			
	3000m Run			X	X	X	X			
	4 X 100m Relay							X	X	X
	800m Run	X	X	X	X	X	X			
	2,000m Steeple				X	X	X			
	400m Dash	X	X	X	X	X	X			
	1600m Sprint Medley							X	X	X
	4 X 800m Relay							X	X	X
10:00am	Shot Put	X	X	X	X	X	X			
	Long Jump	X	X	X	X	X	X			
	High Jump		X	X	X	X	X			
	Javelin (reverse order)	X	X	X	X	X	X			
2:00pm	Discus			X	X	X	X			
	Triple Jump				X	X	X			

***Athletes that are competing with their high schools are not eligible for this meet.**

Meet Schedule
 Saturday, May 2, 2026 – Spring Fling Invitational
ICAHN STADIUM AT RANDALL’S ISLAND
 Schedule of Events

	Divisions	8U	9-10	11-12	13-14	15-16	17-18	7-10	11-14	15-18
4:00pm	80HH/100HH/110HH			X	X	X	X			
	4 X 100m Relay	X	X	X	X	X	X			
	800m Run	X	X	X	X	X	X			
	200m Dash	X	X	X	X	X	X			
	1500m Run	X	X	X	X	X	X			
	100m Dash	X	X	X	X	X	X			
	4 X 400m Relay	X	X	X	X	X	X			
4:00pm	Shot Put	X	X	X	X	X	X			
	Long Jump	X	X	X	X	X	X			
7:00pm	Javelin	X	X	X	X	X	X			
	High Jump		X	X	X	X	X			

***Athletes that are competing with their high schools are not eligible for this meet.**

Meet Schedule – Saturday, May 9, 2026

Northeast Twi-light Invitational at Icahn Stadium, Randall’s Island Park Schedule of Events

	Divisions	8U	9-10	11-12	13-14	15-16	17-18	7-10	11-14	15-18
4:00pm	200IH/400IH			X	X	X	X			
	4 X 100m Relay	X	X	X	X	X	X			
	800m Run	X	X	X	X	X	X			
	200m Dash	X	X	X	X	X	X			
	3000m Run			X	X	X	X			
	400m Dash	X	X	X	X	X	X			
	2,000m Steeple				X	X	X			
4:00pm	Shot Put	X	X	X	X	X	X			
	Long Jump	X	X	X	X	X	X			
	Hammer					X	X			
	Javelin (reverse order)	X	X	X	X	X	X			
5:30pm	Discus			X	X	X	X			
	Triple Jump				X	X	X			

***Athletes that are competing with their high schools are not eligible for this meet.**