

2022 USATF New York Outdoor Championships Schedule of Events

Last updated: May 22

Saturday, June 18

Running Events						Field Events				
Time	Division	Event	Sex	Age	Heats	Time	Division	Event	Sex	Age
9:00 a.m.	Youth	3000m	Girls & Boys	11-12	1	9:00 a.m.	Youth	Pole Vault	Girls & Boys	13-18
9:15 a.m.	Youth	3000m	Girls	13-14	1		Youth	Long Jump	Girls & Boys	15-18
9:30 a.m.	Youth	3000m	Boys	13-14	1		Youth	Hammer	Girls & Boys	15-18
9:45 a.m.	Youth	3000m	Girls	15-18	1	10:30 a.m.	Youth	Triple Jump	Girls & Boys	15-18
10:00 a.m.	Youth	3000m	Boys	15-18	1	10:30 a.m.	Open/Masters	Javelin	Men	All
10:15 a.m.	Youth	100m Trials	Girls & Boys	7-10	8	11:00 a.m.	Open/Masters	Shot Put	Men	All
10:25 a.m.	Youth	100m Trials	Girls	11-14	4	12:00 p.m.	Open/Masters	Javelin	Women	All
10:30 a.m.	Youth	100m Trials	Girls & Boys	15-18	9		Open/Masters	Long Jump	Women	All
10:45 a.m.	Youth	200m Hurdles	Girls & Boys	13-14	2		Open/Masters	Long Jump	Men	All
10:50 a.m.	Youth	400m Hurdles	Girls & Boys	15-18	2	12:30 p.m.	Open/Masters	High Jump	Men & Women	All
11:00 a.m.	Youth	100m Finals	Girls & Boys	7-18	12		Open/Masters	Shot Put	Women	All
						12:45 p.m.	Open/Masters	Discus	Men	All
11:30 a.m.	Open/Masters	400m Hurdles	Women & Men	Open & Masters (W25-49 & M25-59)	2	2:00 p.m.	Open/Masters	Triple Jump	Women	All
	Open/Masters	300m Hurdles	Women & Men	Masters (W50-59 & M60-69)						
11:40 a.m.	Open/Masters	100m Trials	Women	All	3		Open/Masters	Triple Jump	Men	All
11:45 a.m.	Open/Masters	100m Trials	Men	All	8	2:15 p.m.	Open/Masters	Discus	Women	All
12:05 p.m.	Open/Masters	800m	Women	All	3	2:45 p.m.	Open/Masters	Hammer	Men	All
12:15 p.m.	Open/Masters	800m	Men	All	4	3:45 p.m.	Open/Masters	Hammer	Women	All
12:30 p.m.	Open/Masters	3000m Race Walk	Women & Men	All	1					
12:55 p.m.	Open/Masters	200m	Women	All	5					
1:05 p.m.	Open/Masters	200m	Men	All	7					
1:20 p.m.	Open/Masters	1500m	Women	All	1					
1:25 p.m.	Open/Masters	1500m	Men	All	4					
1:50 p.m.	Open/Masters	400m	Women	All	3					
2:00 p.m.	Open/Masters	400m	Men	All	4					
2:10 p.m.	Open/Masters	3000m steeplechase	Women	All	1					
2:25 p.m.	Open/Masters	100m/110m Hurdles	Women & Men	Open, Masters (W25-39 & M25-69)	2					
		80m Hurdles	Women & Men	Masters (W40-59-59 & M70-79)						
2:35 p.m.	Open/Masters	100m Finals	Women & Men	All	2					
2:40 p.m.	Open/Masters	5000m	Women & Men	All	2					

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Sunday, June 19										
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Time	Division	Event	Sex	Age	Heats	Time	Division	Event	Sex	Age
8:45 a.m.	Youth	1,500/3000 RW	Girls & Boys	All	1	9:00 a.m.	Youth	TurboJav	Girls followed by Boys	7-10
9:00 a.m.	Youth	4 X 100m Relay	Girls & Boys	7-10	1	9:00 a.m.	Youth	High Jump	Boys and Girls	9-10
9:05 a.m.	Youth	1,500m	Girls & Boys	7-10	3	10:00 a.m.	Youth	AeroJav	Girls followed by Boys	11-12
9:25 a.m.	Youth	400m	Girls & Boys	8U	6	11:00 p.m.	Youth	Javelin	Girls	13-18
9:40 a.m.	Youth	400m	Girls & Boys	9-10	8	12:00 p.m.	Youth	Javelin	Boys	13-18
9:55 a.m.	Youth	800m	Girls & Boys	8U	2					
10:05 a.m.	Youth	800m	Girls & Boys	9-10	4	9:00 a.m.	Youth	Discus	Boys	15-18
10:20 a.m.	Youth	200m	Girls & Boys	8U	8	10:00 a.m.	Youth	Discus	Boys	11-14
10:30 a.m.	Youth	200m	Girls & Boys	9-10	10	11:00 p.m.	Youth	Discus	Girls	11-14
10:40 a.m.	Youth	4 X 400m Relay	Girls & Boys	7-10	1	12:00 p.m.	Youth	Discus	Girls	15-18
11:00 a.m.	Youth	80m Hurdles	Girls & Boys	11-12	1					
11:05 a.m.	Youth	1,500m	Girls & Boys	11-12	3	10:00 a.m.	Youth	Shot Put	Boys followed by Girls	7-10
11:35 a.m.	Youth	400m	Girls & Boys	11-12	7	11:00 a.m.	Youth	Shot Put	Boys followed by Girls	11-12
11:55 a.m.	Youth	800m	Girls & Boys	11-12	5	12:00 p.m.	Youth	Shot Put	Girls	13-14
12:15 p.m.	Youth	200m	Girls & Boys	11-12	10	12:30 p.m.	Youth	Shot Put	Boys followed by Girls	15-18
12:30 p.m.	Youth	4 X 400m Relay	Girls & Boys	11-12	2					
12:45 p.m.	Youth	100m Hurdles	Girls & Boys	13-14	2	11:00 a.m.	Youth	High Jump	Girls & Boys	11-14
12:50 p.m.	Youth	110m Hurdles	Boys	15-18	1	12:30 p.m.	Youth	High Jump	Girls	15-18
12:55 p.m.	Youth	4 X 100m Relay	Girls & Boys	13-18	2	2:00 p.m.	Youth	High Jump	Boys	15-18
1:00 p.m.	Youth	1,500m	Girls & Boys	13-14	4					
1:25 p.m.	Youth	1,500m	Girls & Boys	15-18	4	9:00 a.m.	Youth	Long Jump	Girls & Boys	8U
1:50 p.m.	Youth	400m	Girls & Boys	13-14	9	9:45 a.m.	Youth	Long Jump	Girls & Boys	9-10
2:05 p.m.	Youth	400m	Girls & Boys	15-18	10	10:30 a.m.	Youth	Long Jump	Girls & Boys	11-12
2:20 p.m.	Youth	2000m Steeple	Girls & Boys	13-18	2	11:30 a.m.	Youth	Long Jump	Girls & Boys	13-14
2:40 p.m.	Youth	800m	Girls & Boys	13-14	4					
2:50 p.m.	Youth	800m	Girls & Boys	15-18	6	1:00 p.m.	Youth	Triple Jump	Girls & Boys	13-14
3:05 p.m.	Youth	200m	Girls & Boys	13-14	11					

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3:15 p.m.	Youth	200m	Girls & Boys	15-18	15
3:25 p.m.	Youth	4 X 800m Relay	Girls & Boys	13-18	1
3:40 p.m.	Youth	4 X 400m Relay	Girls & Boys	13-18	3