



# ***USATF REGION 1 JUNIOR OLYMPIC CROSS COUNTRY CHAMPIONSHIPS***

## ***LOCATION***

Ocean Breeze Athletic Complex, 625 Father Capodanno Blvd, Staten Island, NY 10305

## ***DATE***

Sunday, November 17

## ***SCHEDULE:***

Wednesday, November 13<sup>th</sup>

- Entry deadline on Athletic.net at 11:59 p.m.

Saturday, November 16<sup>th</sup>

- Packet pick-up 12:00 p.m. – 4:00 p.m.
- Course walk-through 2:00 p.m.

Sunday, November 17<sup>th</sup>

- Packet pick-up 7:00 a.m. – 12:00 p.m.
- Race Schedule (subject to change)
  - 9:30 a.m. – Boys 7-8 Year Old – 2 km
  - 10:00 a.m. – Girls 7-8 Year Old – 2 km
  - 10:30 a.m. – Boys 9-10 Year Old – 3 km
  - 11:00 a.m. – Girls 9-10 Year Old – 3 km
  - 11:30 a.m. – Boys 11-12 Year Old – 3 km
  - 12:00 p.m. – Girls 11-12 Year Old – 3 km
  - 12:30 p.m. – Boys 13-14 Year Old – 4 km
  - 1:00 p.m. – Girls 13-14 Year Old – 4 km
  - 1:30 p.m. – Boys 15-18 Year Old – 5 km
  - 2:00 p.m. – Girls 15-18 Year Old – 5 km



## **AGE DIVISIONS**

Division 1: 8 and under\* (2016+) 2 km

Division 2: 9-10 years old (2014-2015) 3 km

Division 3: 11-12 years old (2012-2013) 3 km

Division 4: 13-14 years old (2010-2011) 4K km

Division 5: 15-18 years old\*\* (2008-2009) 5 km

Division 6: 17-18 years old\*\* (2006-2007) 5 km

\*Athletes must be at least 7 years of age by December 31st, 2024 to compete at the Junior Olympic National Championship. Younger than 7 years old will not be scored at the Region 1 meet.

\*\*For Team scoring only, Group 5 & 6 are grouped together and team members can be 15-18 years old. Individual qualifying and awards will still take place and be given for all 6 groups. See Rule 304.5

## **GAMES COMMITTEE**

The games committee will be comprised each associations youth chairs. In the absence of the youth chair, a designee will be appointed by that chair prior to the Championships.

## **HOW TO QUALIFY**

The following associations will compete in the Region 1 Championships:

- USATF Adirondack
- USATF Connecticut
- USATF Long Island
- USATF Maine
- USATF New York
- USATF New England

Athletes must compete in their respective association championships. The top 5 scoring teams (minimum of 5 maximum of 8) in each division will advance to the championships. In addition the top 30 individuals in each age group may also advance to the Region 1 Championships.

Any athlete who applied for a waiver to the Region 1 Championships, or will be applying for a waiver for the National Championships must enter each round of the Junior Olympic Championships; association, regional and national championship. Any athlete not entered in their association meet will not be eligible to advance.



## **WAIVERS**

Only athletes that qualify per USATF Rule 306.1(e),(f) or (i) may be considered for advancement from the Association meet to the Regional meet or potentially the National meet. These requests must be made early, submitted to your Association Youth Chair and be processed prior to the Association meets. Please consult with your Associations Youth Chair for assistance. Regardless of advancement each athlete will need to be registered and paid starting with the Association and each Championship meet thereafter.

## **ENTRY PROCEDURE**

All entries must be processed on Athletic.net, by the entry deadline which will be Wednesday, November 13<sup>th</sup> at 11:59 p.m. Late entries will not be accepted.

Athletes may register through their profiles or with their team. The cost per entry is \$12.00 plus processing fees, charged by athletic.net. As a reminder, this cost is an entry fee not a participation fee and once entries close you will be responsible for payment. All teams and individuals must have a credit card on file and pre-authorized for payment in order to enter. Payments will be processed when the entry closes.

## **PACKET PICK-UP**

Packets will be available for pick-up at the designated hours at the Ocean Breeze Athletic Complex. The location of packet-pick-up will be announced as we get closer to the meet, depending on the weather conditions.

## **CHECK-IN AND CLERKING**

Once teams/coaches have picked up their competition numbers athletes should wear that number on the front of their Jersey. We ask that coaches/parents to please double check that each athlete has the correct number on.

Athletes should report to the starting line no later than 15 minutes prior to the start of their race for final race preparations. The last stride outs will take place 5 minutes prior to the start, at that time the starter and clerks will complete the final check in and provided final instructions.

**Athletes should not leave any bags or water bottles at the starting line – athletes should be as close to race ready as possible prior to reporting to the starting line. Materials left at the starting line will be moved to the area just past the finish line.**

## **AWARDS**

The top 30 individuals will receive their medals in the finish line chute. The top 5 teams will receive their medals and the winner trophy at an awards ceremony at the conclusion of the meet inside the Ocean Breeze Athletic Complex.



## **RESULTS**

Results will be available live on athletic.live and will become official 30 minutes after the conclusion of the event, if there are any protests the clock will reset until the protest is resolved.

## **PROTEST**

Protests must be filed no later than 30 minutes after the final results are posted. All protest must be submitted in writing stating a detailed explanation of what is being protested and stating the rule violation if applicable.

## **ADVANCEMENT TO THE NATIONAL JUNIOR OLYMPIC CHAMPIONSHIPS**

The top 30 individuals finishers at the Region 1 Championships will advance to the National Championships in each age division and gender. In addition, the top 5 scoring teams in each race will also advance, teams must consist of at least 5 athletes and a maximum of 8. For more information on qualifying please refer to rule 306.3.

## **MEDICAL**

Medical staff for the region 1 championships will be stationed just past the finish line, located behind the Ocean Breeze Athletic Complex. Medical staff will consist of FDNY paramedics and will be there for general issues and emergency situation, they are not athletic trainers. Northwell Health, Staten Island Hospital is located just .04 miles from the Ocean Breeze Athletic Complex.

## **HYDRATION**

Bottles water will be available for the athletes at the finish line and during emergencies situations. Athletes are encouraged to bring water and other needed fuel with them for both days.

## **CONCESSIONS**

There will be a vendor available onsite selling, cold and hot drinks, breakfast foods and BBQ grilled food for lunch. Please make sure to clean up after yourselves, a number of garbage cans will be located throughout the team tent area and along the course, please do not litter and make sure all trash ends up in a garbage can.

## **MERCHANDISE**

Northwest Design will be on-site selling official event merchandise. This will include various t-shirts and hoodies and will be custom made to order.

## **HOTELS**

There are over 100 hotels located within 20 miles of the Ocean Breeze Park, on Staten Island, in New Jersey and also in Brooklyn. Families may also with to stay in Manhattan and take the Ferry to Staten Island the morning of the race.



### **RESTROOMS**

Bathrooms will be available within the Ocean Breeze Athletic Complex. Due to US SafeSport mandates all athletes will be asked to use the 2<sup>nd</sup> restrooms on the athletic complex which they will access by the facility ramp or the north staircase, outside the venue. All adults will use the first floor bathroom and enter through the main entrance of the parking garage. Adults will be asked to sign in to the building when entering.

### **PARKING**

All parking for the Region 1 Cross Country Championships will be located in lots 4 and 5 across the street from the park, parking will not be permitted under the athletic complex.

### **SECURITY**

NYC Parks will have Park Enforcement Officers overseeing parking and the second floor of the athletic complex. At all times, the officers should be respected and their direction should be followed. They are there to help make the event smooth and create the best environment as they can for the kids. Please work with us to ensure that we have a smooth event. In case of an emergency, please listen to Ocean Breeze staff and follow directives when needed.



# ***COURSE MAPS***



# CONSOLIDATED





2 km





3 km





# 4 km





# 5 km

