



2024 USATF REGION 1 JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS

Combined Events // June 24th—25th
Individual Events & Relays // July 12th—14th



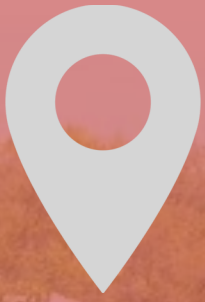
Dear Athletes,

The road to Texas stops at the USATF Region 1 Track & Field Championships!

We send our congratulations to all the athletes and coaches for advancing to the final four of youth track & field! In this packet you will find all the information needed for your trip to New York for the Regional Championships, so please read the information carefully. If you have any questions or concerns please do not hesitate to contact us.

We wish all the athletes the best of luck as your journey to the National Championships continues and we look forward to seeing you at Icahn Stadium.

USATF New York & Region 1 Youth Chairs



Icahn Stadium at Randall's Island Park
10 Central Road
New York, NY 10035



Region 1 Combined Events Championships

June 24th & 25th

Region 1 Individual and Relay Championships

July 12th through 14th

How to qualify for the Region 1 Championships

To advance to the USATF Region 1 Championships, athletes must compete and finish in the top 8 in their association championships.

Dates and Location of Association Championships

Adirondack // TBA

Connecticut // TBA

Long Island // TBA

Maine // TBA

New England // June 22nd at Fitchburg, MA

New York // June 15th & 16th at Icahn Stadium, NYC



How to enter the Region 1 Championships!

Individual Entry Fee: \$13 per event

Relay Entry Fee: \$52 per relay

Combined Events: Please see information below

Club Administrators and Unattached Athletes must register online at athletic.net by **July 8th at 11:59 p.m.**

Late entries will not be allowed. Online registration opens June 9th and athletes may enter the meet once your association has uploaded results from their qualifier into the system.

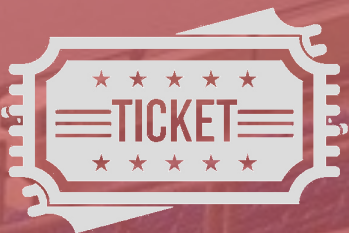
Entry fees must be paid online by the close of registration. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting the following link:

How to enter the USATF Regional Championships

Admission tickets for the Region 1 Championships can be purchased online. Spectators may purchase one day passes for \$10 per day or a three day pass for \$24.

Tickets must be purchased online at the following link:

Get your tickets here for the Region 1 Championship





USATF Junior Olympic Regional medals will be awarded to the **top five (5) individuals and top five (5) relay teams** in each of the age divisions. Athletes can be picked up on the 2nd floor of Icahn Stadium in the awards presentation area.

How to advance to the USATF National Junior Olympic Championships.

The National Junior Olympic Championships will be held from Monday, July 22nd through Sunday, July 28th and will take place at Texas A & M University located in College Station Texas.

The **top five (5) athletes, top five (5) relay teams and top two (2) athletes in the combined events** will qualify for the National Junior Olympic Championships.

Information for the National Junior Olympic Championships can be found at: [2024 USATF National Junior Olympic Championships](#)



Event results including the field events will be live on MileSplit.live. Results will not be posted in the stadium. Splits and field series will be available live and in all official results.



Where do I check in when I arrive at Icahn Stadium?



Packet pick-up will be available each day 90 minutes prior to the start of each event and will be located in the Icahn Stadium plaza area.

When events are called athletes will check in at the clerking tents that will be located field 10, just north of Icahn Stadium. Field 10 will also serve as the warm-up field for the three days of the championships. All events will be called approximately 30 minutes prior to the schedule start time.

All field events will also check in on field 10 and we walked to the event by the officials.




All competitors must wear their assigned bib numbers during competition on the front of their jersey, with the exception of the pole vaulters who may wear it on their back. The same bib number must be worn for all three days of the championships and will serve as the athletes pass into the stadium.

If an athlete loses their bib they can purchase a replacement for a fee of \$10.00, at the ticketing area outside of Icahn Stadium.



It is our goal to run a perfect championship but at times mistakes happen. If there is a call, a timing issue, or anything else that you would like us to take a look at we will happily do so. There will be a \$50 protest fee in place, and any protests must be submitted to the protest referee immediately and no later than 30 minutes after the event has concluded. If the protest leads to a reversal your protest fee will be refunded.

What do we need to bring?




For our throwers, implements will be provided by Icahn Stadium and athletes are welcome to use those implements. For athletes who would like to bring their own implements we ask that you limit it to one implement per event. Implements must be weighed in and certified at least 90 minutes prior to the start of the event and may be dropped off earlier. Implement check in will be located in the small garage by the starting line of the 100m dash.

For running events UCS international starting blocks will be provided as well as batons for the relays.

All pole vaulters must provide their own poles.

Combined Event Region 1 Championships



We have great news! The Region 1 combined event championship will be held in conjunction with the USATF National Youth Combined Event Championships taking place on June 24th & 25th. This was a decision that we did not take lightly but we felt it was in the best interested of our combined event athletes.

We expect better competition for the combined event athletes. This will also allow for the athletes to have proper recovery time between their regional competition and the National Championships in Texas. Our combined event athletes will also be able to focus on individual events at the Region 1 meet, which in the past has not been possible.

Athletes will need to enter the Youth National Championship and the top two in each event representing region 1 will automatically be advanced to the National Junior Olympic Championships.

FRIDAY TRACK EVENTS

1:00 p.m.	Boys & Girls	200 Meter Hurdles	Final	13-14
1:15 p.m.	Girls	400 Meter Hurdles	Final	15-18
1:30 p.m.	Boys	400 Meter Hurdles	Final	15-18
1:45 p.m.	Boys & Girls	400 Meter Dash	Final	8 and Under
2:05 p.m.	Boys & Girls	400 Meter Dash	Final	9-10
2:25 p.m.	Boys & Girls	400 Meter Dash	Final	11-12
2:45 p.m.	Boys & Girls	400 Meter Dash	Final	13-14
3:05 p.m.	Boys & Girls	400 Meter Dash	Final	15-16
3:20 p.m.	Boys & Girls	400 Meter Dash	Final	17-18
3:40 p.m.	Boys & Girls	4 X 800 Meter Relay	Final	11-12
4:10 p.m.	Boys & Girls	4 X 800 Meter Relay	Final	13-14
4:35 p.m.	Boys & Girls	4 X 800 Meter Relay	Final	15-16
5:00 p.m.	Boys & Girls	4 X 800 Meter Relay	Final	17-18
5:20 p.m.	Boys & Girls	3000 Meter Run	Final	11-12
6:00 p.m.	Boys & Girls	3000 Meter Run	Final	13-14
6:40 p.m.	Boys & Girls	3000 Meter Run	Final	15-16
7:00 p.m.	Boys & Girls	3000 Meter Run	Final	17-18

FRIDAY THROWING EVENTS

10:00 a.m.	Boys	Hammer		17-18
11:30 a.m.	Boys	Hammer		15-16
	Girls	Shot Put		11-12
1:00 p.m.	Girls	Hammer		17-18
	Girls	Mini Javelin		8 and Under
	Girls	Shot Put		13-14
2:30 p.m.	Girls	Hammer		15-16
	Girls	Mini Javelin		9-10
3:00 p.m.	Boys	Shot Put		11-12
	Girls	Triple Jump		13-14
	Boys	Triple Jump		13-14
4:00 p.m.	Boys	Discus		15-16
	Boys	Mini Javelin		8 and Under
5:00 p.m.	Boys	Shot Put		13-14
	Boys	High Jump		9-10
5:30 p.m.	Boys	Discus		17-18
	Boys	Mini Javelin		9-10

FRIDAY JUMPING EVENTS

10:00 a.m.	Girls	Pole Vault		13-14
	Girls	Pole Vault		15-16
	Girls	Pole Vault		17-18
	Boys	Pole Vault		13-14
	Boys	Pole Vault		15-16
	Boys	Pole Vault		17-18
1:00 p.m.	Girls	Triple Jump		13-14
	Boys	Triple Jump		13-14
2:30 p.m.	Boys	High Jump		9-10
3:00 p.m.	Girls	Triple Jump		15-16
	Boys	Triple Jump		15-16
5:00 p.m.	Boys	Triple Jump		17-18
	Girls	Triple Jump		17-18

SATURDAY RUNNING EVENTS

10:00 a.m.	Boys & Girls	800 Meter Run	Final	8 and Under
10:20 a.m.	Boys & Girls	800 Meter Run	Final	9-10
10:40 a.m.	Boys & Girls	800 Meter Run	Final	11-12
11:00 a.m.	Boys & Girls	800 Meter Run	Final	13-14
11:20 a.m.	Boys & Girls	800 Meter Run	Final	15-16
11:35 a.m.	Boys & Girls	800 Meter Run	Final	17-18
11:50 a.m.	Boys & Girls	80 Meter Hurdles	Trials	11-12
12:05 p.m.	Girls	100 Meter Hurdles	Trials	13-14
12:15 p.m.	Boys	100 Meter Hurdles	Trials	13-14
12:25 p.m.	Girls	100 Meter Hurdles	Trials	15-18
12:40 p.m.	Boys	110 Meter Hurdles	Trials	15-18
12:55 p.m.	Boys & Girls	100 Meter Dash	Trials	8 and Under
1:10 p.m.	Boys & Girls	100 Meter Dash	Trials	9-10
1:15 p.m.	Boys & Girls	100 Meter Dash	Trials	11-12
1:30 p.m.	Boys & Girls	100 Meter Dash	Trials	13-14
1:45 p.m.	Boys & Girls	100 Meter Dash	Trials	15-16
2:00 p.m.	Boys & Girls	100 Meter Dash	Trials	17-18
2:25 p.m.	Boys & Girls	2000 Meter Steeple	Final	13-14
2:40 p.m.	Girls	2000 Meter Steeple	Final	15-18
2:55 p.m.	Boys	2000 Meter Steeple	Final	15-18
3:10 p.m.	Boys	110 Meter Hurdles	Final	15-18
3:20 p.m.	Girls	100 Meter Hurdles	Final	15-18
3:25 p.m.	Boys	100 Meter Hurdles	Final	13-14
3:30 p.m.	Girls	100 Meter Hurdles	Final	13-14
3:40 p.m.	Boys & Girls	80 Meter Hurdles	Final	11-12
3:50 p.m.	Boys & Girls	100 Meter Dash	Final	8 and Under
3:55 p.m.	Boys & Girls	100 Meter Dash	Final	9-10
4:00 p.m.	Boys & Girls	100 Meter Dash	Final	11-12
4:05 p.m.	Boys & Girls	100 Meter Dash	Final	13-14
4:10 p.m.	Boys & Girls	100 Meter Dash	Final	15-16
4:15 p.m.	Boys & Girls	100 Meter Dash	Final	17-18
4:30 p.m.	Boys & Girls	4 X 100 Meter Relay	Final	8 and Under
4:40 p.m.	Boys & Girls	4 X 100 Meter Relay	Final	9-10
4:50 p.m.	Boys & Girls	4 X 100 Meter Relay	Final	11-12
5:00 p.m.	Boys & Girls	4 X 100 Meter Relay	Final	13-14
5:10 p.m.	Boys & Girls	4 X 100 Meter Relay	Final	15-16
5:20 p.m.	Boys & Girls	4 X 100 Meter Relay	Final	17-18

SATURDAY THROWING EVENTS

9:00 a.m.	Girls	Shot Put		15-16
	Girls	Discus		17-18
11:00 a.m.	Boys	Shot Put		15-16
	Girls	Discus		15-16
1:00 p.m.	Girls	Shot Put		17-18
	Girls	Discus		13-14
	Boys	Discus		11-12
3:00 p.m.	Boys	Shot Put		17-18
	Girls	Discus		11-12
	Boys	Discus		13-14

SATURDAY JUMPING EVENTS

9:00 a.m.	Girls	Long Jump		8 and Under
	Boys	Long Jump		8 and Under
	Girls	High Jump		15-16
11:00 a.m.	Girls	High Jump		17-18
1:00 p.m.	Boys	High Jump		17-18
1:30 p.m.	Girls	Long Jump		11-12
	Boys	Long Jump		11-12
3:00 p.m.	Girls	Long Jump		13-14
	Boys	Long Jump		13-14
	Boys	High Jump		15-16

SUNDAY RUNNING EVENTS

9:00 a.m.	Boys & Girls	1500 Meter Run	Final	8 and Under
9:25 a.m.	Boys & Girls	1500 Meter Run	Final	9-10
9:50 a.m.	Boys & Girls	1500 Meter Run	Final	11-12
10:25 a.m.	Boys & Girls	1500 Meter Run	Final	13-14
11:00 a.m.	Boys & Girls	1500 Meter Run	Final	15-16
11:20 a.m.	Boys & Girls	1500 Meter Run	Final	17-18
11:40 a.m.	Boys & Girls	200 Meter Dash	Trials	8 and Under
12:15 a.m.	Boys & Girls	200 Meter Dash	Trials	9-10
12:30 p.m.	Boys & Girls	200 Meter Dash	Trials	11-12
12:45 p.m.	Boys & Girls	200 Meter Dash	Trials	13-14
1:00 p.m.	Boys & Girls	200 Meter Dash	Trials	15-16
1:10 p.m.	Boys & Girls	200 Meter Dash	Trials	17-18
1:20 p.m.	Boys & Girls	1500 Meter Race Walk	Final	11-12
1:35 p.m.	Boys & Girls	3000 Meter Race Walk	Final	13-18
1:55 p.m.	Boys & Girls	200 Meter Dash	Final	8 and Under
2:00 p.m.	Boys & Girls	200 Meter Dash	Final	9-10
2:05 p.m.	Boys & Girls	200 Meter Dash	Final	11-12
2:10 p.m.	Boys & Girls	200 Meter Dash	Final	13-14
2:15 p.m.	Boys & Girls	200 Meter Dash	Final	15-16
2:20 p.m.	Boys & Girls	200 Meter Dash	Final	17-18

15 minute break

2:40 p.m.	Boys & Girls	4 X 400 Meter Relay	Final	8 and Under
3:00 p.m.	Boys & Girls	4 X 400 Meter Relay	Final	9-10
3:20 p.m.	Boys & Girls	4 X 400 Meter Relay	Final	11-12
3:40 p.m.	Boys & Girls	4 X 400 Meter Relay	Final	13-14
4:00 p.m.	Boys & Girls	4 X 400 Meter Relay	Final	15-16
4:10 p.m.	Boys & Girls	4 X 400 Meter Relay	Final	17-18

SUNDAY THROWING EVENTS				
9:00 a.m.	Girls	Javelin		13-14
	Boys	Javelin		13-14
10:30 a.m.	Girls	Shot Put		8 and Under
	Girls	Javelin		15-16
	Boys	Aero Javelin		11-12
12:00 p.m.	Boys	Shot Put		8 and Under
	Girls	Javelin		17-18
1:30 p.m.	Boys	Aero Javelin		11-12
	Boys	Javelin		15-16
3:00 p.m.	Boys	Shot Put		9-10
	Boys	Javelin		17-18
SUNDAY JUMPING EVENTS				
9:00 a.m.	Girls	Long Jump		9-10
	Boys	Long Jump		9-10
	Girls	High Jump		13-14
10:30 a.m.	Boys	High Jump		13-14
12:00 p.m.	Girls	Shot Put		9-10
1:30 p.m.	Girls	Long Jump		15-16
	Girls	Long Jump		17-18
	Girls	High Jump		11-12
3:00 p.m.	Boys	Long Jump		15-16
	Boys	Long Jump		17-18
	Boys	High Jump		11-12

SCHEDULE NOTES

The schedule for the Region 1 Championship is tentative at this time. It will be updated at the close of entries & emailed to all club coaches and unattached athletes.

We will run ahead of schedule when possible but not more than 30 minutes ahead, unless we have weather related issues.