

**T H E N Y A C K  
R A C E W A L K S  
A T N A N U E T**

**The Nyack Racewalks Meet Records:**

**5,000 meters:**

**23:18.3 - High School Girls - Rachele DeOrbeta (15), Amer. Military Acad. HS, Guaynabo, Puerto Rico, 2015**

**24:44.3 - Junior Women - Katie Michta (18), Nesconset NY, 2015**

**23:35.1 - Open Women - Katie Burnett (23), Rochester NY, 2013**

**27:32.8 - Masters Women - Maryanne Daniel (55), Clinton CT, 2014**

**25:15.9 - Junior Men, Spencer Dunn (14), Auburn ME, 2013**

**21:10.4 - Open Men, Emerson Hernandez (25), El Salvador & Wynantskill NY, 2014**

**24:40.0 - Masters Men - Dave McGovern (46), Locust Valley NY, 2012**

**10,000 meters:**

**53:53.1 - Junior Women, Brittany Collins (18), Bohemia NY, 2013**

**47:28.2 - Open Women, Maria Michta-Coffey (28), Nesconset NY, 2015**

**68:54.1 - Masters Women, Dorit Attias (53), Lakewood NJ, 2015**

**45:50.7 - Junior Men, Jorge Cruz Sotomayor (17), San Juan, Puerto Rico, 2015**

**47:00.8 - Open Men, Dan Serianni (22), Rochester NY, 2013**

**50:04.8 - Masters Men - Dave Talcott (51), Owego NY, 2013**

# **2016 Nyack Racewalks at Nanuet Results**

**First Race, 5,000 meters, HS Girls Only, Two Flights; 21 Finishers, 1 DQ**

**Sunday, April 3, 2016**

**9:50 AM Flight – Partly Sunny and Cold, 35 Degrees, Very Windy 26-40 mph**

**10:25 AM Flight – Mostly Sunny and Cold, 34 Degrees, Very Windy 26-40 mph**

**Nanuet High School, Nanuet New York**

<b>Place</b>	<b>Bib#</b>	<b>Name</b>	<b>Age</b>	<b>Team/Hometown</b>	<b>Time</b>
1	6	Lauren Harris	16	Sachem East HS, NY	25:56.3
2	16	Tara Mandel	16	Farmingdale HS, NY	27:09.7
3	27	Audrey Fox	16	New Rochelle HS, NY	27:24.7
4	8	Maria Garcia	17	North Rockland HS, NY	27:30.7
5	11	Kelsey Jordan	17	Westhampton Beach HS, NY	27:34.1
6	30	Samantha Delano	16	Sachem East HS, NY	27:35.2
7	21	Chelsea Benedict	15	Sachem East HS, NY	27:42.1
8	31	Anna Arrigo	15	Sachem East HS, NY	28:02.7
9	29	Shantall Sanabria	18	New Rochelle HS NY	29:18.1
10	22	Megan Bevan	18	West Islip, NY	29:50.8
11	*47	Emily Almanzar	15	North Rockland HS, NY	30:17.4
12	38	Jane Wu	17	Brooklyn Tech HS, NY	31:14.6
13	28	Liz Lee	16	North Rockland HS, NY	31:19.0
14	*66	Jessica Levine	18	Sachem North HS, NY	31:30.8
15	37	Moira Burgess	15	Monmouth Acad., ME	31:30.9

16	*65	Rebecca Ferguson	16	W.Floyd HS, Moriches NY	32:21.4
17	*46	Lucy Vayo	15	Ursuline Acad., NY	32:55.0
18	*63	Rabecca Baez	15	North Rockland HS, NY	35:41.4
19	*68	Caroline Alcantara-Reynoso	15	North Rockland HS, NY	35:58.3
20	*70	Annabelle LaMarre	16	North Rockland HS, NY	36:14.3
21	*64	Jocelyn Yip	15	Emma Willard Sch., Troy NY	37:16.1

Note: (\*) indicates 1<sup>st</sup> flight (9:50 AM start)

**Second Race, 5000m/10,000m Sunday, April 3, 2016**

**14 Competitors in the combined race**

**11:00 AM - Partly Sunny, 35 Degrees, Very Windy 30-45 mph**

**Nanuet High School, Nanuet New York**

***5,000 Meters; 9 Finishers, No DQ:***

<u>Place</u>	<u>Bib#</u>	<u>Name</u>	<u>Sex/Age</u>	<u>Club/Hometown</u>	<u>Time</u>
1	123	Alex Price	M34	Walk USA, USATF-LI	26:33.9
2##	124	Kristi Licursi	F20	Marist Coll., USATF-NY	27:01.9
3	128	Kayla Shapiro	F17	Unattached, USATF-LI	29:18.9
4	126	AJ Lowther	M18	Nanuet NY, USATF-	
		29:27.2			
5	127	Brian Baccaglini	M17	Nanuet NY, USATF-NY	29:31.8
6#	119	Rasheeda Moncada	F36	New York, NY, USATF-	
		30:36.7			
7#	125	Katie Miale	F19	Marist Coll., USATF-	
		30:45.5			

8 116 Carol Bendall F57 Fleet Feet Albany, USATF-  
ADIR 32:20.0

9# 118 Elizabeth Pasquale F62 Ossining, NY 32:37.5

**Note: (##) indicates USATF-NY Female 5000m Champion; (#) indicates USATF-NY Female Competitor**

***10,000 Meters; 4 Finishers, 1 DQ:***

<b>Place</b>	<b>Bib#</b>	<b>Name</b>	<b>Sex/Age</b>	<b>Club/Hometown</b>	<b>Time</b>
1##	R22	Slava Troshkin	M67	Park Racewalkers, NY	59:02.4
2#	R26	Bill Vayo	M51	Park Racewalkers, NY	59:31.5
3#	R25	Bruce Logan	F51	Park Racewalkers, NY	62:14.3
4	R27	Barry Blake	M61	Shore AC, USATF-NJ	64:12.2

**Note: (##) indicates USATF-NY 10,000 meter Men's Champion; (#) indicates USATF-NY Male Competitor**

**USATF Officials (Association is listed):**

**Note: USATF officials with (\*) are also NYSPHSAA-approved:**

**Chief Judge Reggie Weissglas\*, New York; Judge Solomiya Login, Mid-Atlantic; Judge Zakia Ferracho\*, New York; Judge Sandi Kiefer\*, New Jersey; Judge Jean Tenan, Connecticut; Judge/Starter Joe Shufelt\*, Adirondack; Games Committee Don Lawrence\*, Adirondack; Games Committee Stella Cashman\*, New York; Race Directors Shawn Frederick\* and Debbie Frederick\*, New York;**

**NYSPHSAA-approved Officials (all Southern Catskills, Rockland Chapter):**

**Chief Timer Mike McGourty; Timer Shelley Group; Timer Brian Woolgar; Finish Line Coordinator Larry Beckerle**

**VOLUNTEERS:**

**Lap Counters: Ron Salvio, Glyn Nixon, Peter Nixon, Floyd Morse, Aaron Morse, Brenda Morse, Barbara Vayo, Lucy Vayo**

**Registration: Kelli Morse; DQ Board Rita Joachim (*note: USATF Recorders were Tenan, Shufelt, and Kiefer*)**

**Judging Summary Sheets available upon request**

# 2015 Nyack Racewalks Results

First Race, 5,000 meters, HS Girls Only, Two Flights; 29 Finishers, 1 DQ, 2 DNF

Sunday, March 29, 2015

9:50 AM Flight – Sunny and Cold, 28 Degrees, Wind 6 mph

10:30 AM Flight – Sunny and Cold, 32 degrees, Wind 8 mph

Nyack High School, Nyack New York

<u>Place</u>	<u>Bib#</u>	<u>Name</u>	<u>Age</u>	<u>Hometown</u>	<u>Time</u>	<u>Cards</u>
1	85	Rachelle DeOrbeta	15	Guaynabo, PR	23:18.3	
2	86	Charmaine DeOrbeta	16	Guaynabo, PR	24:24.4	
3	94	Meaghan Podlaski	17	Niskayuna, NY	24:58.3	
4	91	Kayla Allen	15	Lewiston, ME	26:00.7	
5	87	Natalie Cohen	17	Valley Stream, NY	26:33.7	
6	90	Sydney Sirois	16	Greene, ME	26:38.2	
7	83	Lauren Harris	15	Holtsville, NY	26:52.9	
8	80	Monika Farmer	17	Ronkonkoma, NY	27:15.2	
9	89	Katie Miale	18	Highland Mills, NY	27:56.0	
10	92	Maria Garcia	16	Garnerville, NY	28:46.5	
11	95	Elisabeth Barnett	16	Brightwaters, NY	28:50.6	
12	97	Sagan Leggett	18	Valatie, NY	28:51.5	>
13	*8	Lauren Swanson	16	Brightwaters, NY	28:57.2	~
14	*1	Jennifer Campbell	18	Farmingville, NY	29:05.2	>
15	82	Kelsey Jordan	16	Westhampton, NY	29:15.8	~
16	93	Melissa Endy	15	Westfield, NJ	29:28.7	

17	*5	Jainee Gabrielson	16	St. James, NY	29:46.8	~
18	84	Jamie Fleming	17	Holtsville, NY	29:55.6	
19	*9	Hannah Yoo	16	Fresh Meadows, NY	30:12.3	
20	*3	Moira Burgess	14	Monmouth, ME	32:02.0	
21	*10	Nang Yone	16	Flushing, NY	32:33.0	
22	*11	Wendy Liu	16	Elmhurst, NY	32:55.7	
23	*4	Lucy Vayo	13	White Plains, NY	34:34.1	
24	*12	Jessica Hussey	18	Neversink, NY	35:54.4	
25	*13	Angie Ballard	14	Liberty, NY	36:28.9	
26	*6	Elizabeth Lee	15	West Haverstraw, NY	36:37.7	
27	*7	Emily Almanzar	14	Stony Point, NY	36:38.1	~
28	*2	Kiana Rojas	17	Garnerville, NY	36:38.4	>
29	*14	Margaret Gruber	15	Cortlandt Manor, NY	37:17.9	>>
DNF		Katharine Newhoff				
DNF		Sara Farnan				

Note: (\*) indicates 1<sup>st</sup> flight (9:50 AM start)

**Second Race, 5000m/10,000m Sunday, March 29, 2015**

**24 Competitors in the combined race**

**11:15 AM - Sunny, 36 Degrees, Wind 6 mph**

**Nyack High School, Nyack New York**

***5,000 Meters; 12 Finishers, 1 DQ:***

<b>Place</b>	<b>Bib#</b>	<b>Name</b>	<b>Sex/Age</b>	<b>Hometown</b>	<b>Time</b>	<b>Cards</b>
1	6	Katie Michta	F18	Nesconset, NY	24:44.3	

2	2	Jack Lazor	M18	Madison, CT	26:12.5	
3	15	John Soucheck	M49	Little Silver, NJ	26:25.6	
4#	9	Kristi Licursi	F19	Somers, NY	27:17.2	
5	3	Maryanne Daniel	F57	Clinton, CT	27:55.1	
6	4	Rasheeda Moncada	F35	New York, NY	29:10.8	
7	5	Cher Armstrong	F28	Riverhead, NY	29:38.8	>
8	10	Barbara Dalzell	F61	Milan, NY	32:20.0	>>
9	17	Elizabeth Pasquale	F61	Ossining, NY	32:37.9	
10	7	Marc Varsano	M50	New York, NY	33:36.5	
11	8	Panseluta Geer	F68	Hazlet, NJ	33:58.9	
12	16	MaryAnn Harvey	F58	Farmingdale, NY	44:47.0	>

Note: (#) indicates USATF-NY Champion

*10,000 Meters; 11 Finishers, No DQs:*

<u>Place</u>	<u>Bib#</u>	<u>Name</u>	<u>Sex/Age</u>	<u>Hometown</u>	<u>Time</u>	<u>Cards</u>
1	139	Jorge Cruz Sotomayor	M17	San Juan, PR	45:50.7	~
2	138	Luis Espada	M18	Salinas, PR	46:12.0	
3	141	Maria Michta-Coffey	F28	Farmingville, NY	47:28.2	
4	143	Spencer Dunn	M16	Auburn, ME	52:44.3	
5#	140	Bill Vayo	M50	White Plains, NY	59:41.7	
6	146	Lubin Hernandez Palomino	M54	Silver Spring, MD	59:45.9	>>
7	142	Brittany Collins	F20	Bohemia, NY	60:59.6	
8	144	Bruce Logan	M50	New York, NY	61:19.1	
9	148	Tim Chelius	M58	Northfield, NJ	64:02.4	
10	145	Dorit Attias	F53	Lakewood, NJ	68:54.1	

11 147 Paul DeMeester M55 San Francisco, CA 70:45.5 >

Note: (#) indicates USATF-NY Champion

**USATF Officials:**

Note: USATF officials listed with (\*) are also NYSPHSAA-approved:

Chief Judge Tom Menendez, Master, Maine; Judge Reggie Weissglas\*, IAAF 3, New York; Judge Bill Pollinger, IAAF 2, New Jersey; Judge Solomiya Login, National, Mid-Atlantic; Judge Zakia Ferracho\*, National, New York; Recorder/DQ Board Stella Cashman\*, Master, New York; Starter/Referee Gary Westerfield\*, IAAF 2, Long Island; Chief Finish Deb Frederick\*, Master, New York; Games Committee/ Announcer Don Lawrence\*, Master, Adirondack; Racewalk Official Shawn Frederick\*, Master, New York; Racewalk Judging Observer was USATF Racewalk Chairman Ron Daniel, Connecticut.

**NYSPHSAA Officials (all Southern Catskills, Rockland Chapter):**

Chief Timer Mike McGourty; Timer Shelley Group; Lap Counter Kathleen Davies; Finish Line Coordinator Larry Beckerle

Judging Summary Sheets available upon request



# 2014 Nyack Racewalks Results

**Race#1 - HS Girls - 9:50 AM, 10:25 AM - 48 degrees, light breeze,sunny**

Place	Bib#	Last Name	First Name	Age	Sex	Team/School	Hometown	State	USATF	5,000m
1	150	Newhoff	Katherine	16	F	East Islip HS	Islip Terrace	NY	LI	25:53
2	154	Podlaski	Meaghan	16	F	Colonie HS	Niskayuna	NY	ADIR	26:14
3	155	Allen	Kayla	14	F	Lewiston HS	Lewiston	ME	ME	26:16
4	156	Sirois	Sydney	15	F	St Dominic Prep	Greene	ME	ME	26:16
5	159	McConville	Allison	17	F	Valley Stream North	Valley Stream	NY	LI	26:58
6	158	Martins	Kaitlyn	15	F	Sachem North	Holbrook	NY	LI	27:19
7	172	Apollo	Caitlyn	17	F	New Rochelle HS	New Rochelle	NY	NY	27:44
8	163	Fleming	Jamie	17	F	Sachem East	Holtsville	NY	LI	27:50
9	160	Miale	Katie	17	F	Monroe Woodbury	Highland Mills	NY	NJ	27:56
10	164	Garcia	Maria	15	F	North Rockland HS	Garnerville	NY	NY	28:22
11	171	Kasparsons	Alina	14	F	Monroe Woodbury	Monroe	NY	NJ	28:27
12	161	Leggett	Sagan	17	F	Ichabod Crane	Valatie	NY	ADIR	28:34
13	175	Fletemeyer	Irene	19	F	Quince Orchard	Germantown	MD	PV	28:48
14	177*	Endy	Melissa	14	F	Westfield HS	Westfield	NJ	NJ	28:53
15	157	Mahin	Sophia	17	F	Townsend Harris	Flushing	NY	NY	29:09
16	176*	Stallone	Amanda	16	F	Nanuet HS	Nanuet	NY		29:13
17	162	Lozano	Loren	17	F	Valley Central	Walden	NY		29:41
18	185*	Campbell	Jennifer	17	F	Sachem East	Farmingville	NY	LI	29:52
19	174	Gillette	Brooke	17	F	Tri-Valley HS	Grahamsville	NY		30:05
20	186*	Cervantes	Dulce	14	F	Townsend Harris	Queens	NY		30:16
21	187*	Beliveau	Victoria	15	F	Edward Little HS	Auburn	ME	ME	31:27
22	184*	Wang	Patricia	16	F	Townsend Harris	Queens	NY	NY	32:14
23	189*	Evelyn	Anyssa	17	F	No Rockland HS	Pomona	NY	NY	32:20
24	192*	Yoo	Hannah	15	F	Townsend Harris	Queens	NY	NY	32:43
25	194*	Lillian	Gritsavage	14	F	Albany HS	Albany	NY	ADIR	32:58
26	190*	Sukay	Sierra	15	F	Emma Willard	Troy	NY		33:36
27	188*	Liu	Wendy	15	F	Townsend Harris	Elmhurst	NY	NY	33:45
1 mile	195*	Vayo	Lucy	12	F	Ursuline School	White Plains	NY		11:10
DNF	173	Harris	Lauren	15	F	Sachem East	Farmingville	NY	LI	DNF
		*1st Flight								
		<b>Race #2</b>	<b>5,000/10,000</b>			<b>55 degrees</b>	<b>Sunny</b>			
Place	Bib#	Last Name	First Name	Age	Sex	Team/School	Hometown	State	USATF	5,000m
1	111	Hernandez	Emerson	25	M	El Salvador National	Wynantskill	NY	ADIR	21:10

2	130	Daniel	Maryanne	55	F	CT Racewalkers	Clinton	CT	CT	27:32
3	112	Brenner	Samuel	17	M	Spruce Mountain HS	Livermore	ME	ME	27:44
4	115	Vayo	Bill	49	M	Shore AC	White Plains	NY	NJ	27:48
5*	129	Licursi	Kristi	18	F	Marist College	Somers	NY	NY	28:57
6	121	Armstrong	Cher	27	F	Raleigh Walkers	Flushing	NY	NC	28:58
7	135	Moncada	Rasheeda	34	F	Park Racewalkers	New York	NY	NY	29:00
8	132	Bendall	Carol	55	F	Fleet Feet Racing	Troy	NY	ADIR	30:13
9	133	Pasquale	Elizabeth	61	F	Shore AC	Ossining	NY	NJ	30:51
10	113	Blake	Barry	59	M	Shore AC	Summit	NJ	NJ	33:00
11	136	Geer	Panse	67	F	Shore AC	Hazlet	NJ	NJ	34:28
12	137	Tonsits	Amy	56	F	World Class RW	Brooklyn	NY	LI	35:22
13	114	McGrath	James	77	M	Walk USA	Long Island	NY	LI	38:13
<b>Place</b>	<b>Bib#</b>	<b>Last Name</b>	<b>First Name</b>	<b>Age</b>	<b>Sex</b>	<b>Team/School</b>	<b>Hometown</b>	<b>State</b>	<b>USATF</b>	<b>10,000</b>
1	19	Dunn	Spencer	15	M	Edward Little HS	Auburn	ME	ME	50:40
2	23	Michta	Maria	27	F	Walk USA	Nesconset	NY	LI	51:24
3	18	Lazor	Jack	17	M	Daniel Hand HS	Madison	CT	CT	51:26
4	24	O'Rourke	Ed	52	M	New England Walkers	Groton	MA	NE	54:04
5*	20	Logan	Bruce	49	M	Park Racewalkers	New York	NY	NY	1.05.04
6	21	DuBois	Samantha	19	F	NJ Striders	Lincoln Park	NJ	NJ	1.08.47

\* USATF-NY Champion

<u>USATF Officials</u>	<u>Last Name</u>	<u>First</u>	<u>Certification Level</u>	<u>USATF Ass'n</u>
Chief Judge	Menendez	Tom	Master RW	Maine
Judge	Daniel	Ron	Mstr/IAAF RW	Connecticut
Judge	Wilson	Lon	Master RW	New York
Judge	Cashman	Stella	Master RW	New York
Judge	Shufelt	Joseph	Master RW	Adirondack
Chief Timer	Frederick	Deb	Master RW	New York
Recorder	Frederick	Shawn	Master RW	New York
Starter/Referee	Westerfield	Gary	IAAF 3 RW	Long Island

Other Officials

Chief Finish	Davies	Kathleen
Finish Line	Beckerle	Larry
DQ Board	Joachim	Rita

Association

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(Judging Summary Sheets Available upon request. )

# 2013 Results

April 7th, 2013 10:00 AM

Nyack Racewalks Race #1 - High School Girls 5000m

46 degrees, Windy, Nyack High School 400m track

Name	Age	Town	State	1K	3K
Final					
1. Katie Michta 25:47.5	16	Nesconset	NY	4:53 - 15:13 -	
2. Annica Penn 26:35.8	17	Westhampton Beach	NY	5:10 - 16:02 -	
3. Holly Lindoe 26:46.8	17	Holbrook	NY	5:11 - 16:03 -	
4. Natalie DeQuarto 27:02.1	17	Lake RonKonKoma	NY	5:12 - 16:09 -	
5. Sophia Mahin 27:23.9	16	Flushing	NY	5:16 - 16:08 -	
6. Allison McConville 27:53.3	16	Valley Stream	NY	5:15 - 16:31 -	
7. Stephanie Saccente 28:12.4	17	Kings Park	NY	5:13 - 16:28 -	
8. Sarah LaPorta 28:33.5	17	Lake RonKonKoma	NY	5:42 - 17:18 -	
9. Courtney Kiernan 28:43.7	18	Levittown	NY	5:30 - 17:15 -	
10. ValerieAuciello 28:52.0	17	Holtsville	NY	5:43 - 17:22 -	
11. IreneFletemeyer 29:04.1	18	Germantown	MD	5:30 - 17:15 -	
12. Athena Blair 29:13.4	15	Cornwall	NY	5:34 - 17:33 -	
13. Michelle Szeto 29:27.6	17	Flushing	NY	5:35 - 17:32 -	
14. Katherine Miale 29:34.8	16	Highland Mills	NY	5:35 - 17:34 -	
15. Caitlin Apollo 29:35.6	16	New Rochelle	NY	5:42 - 17:47 -	
16. Karen Su 29:42.5	15	Rego Park	NY	5:39 - 17:32 -	
17. Meaghan Podlaski 29:55.6	15	Niskayuna	NY	5:33 - 17:56 -	

18. Alina Kasparsons	13	Monroe	NY	...
... 30:04.8				
19. Melissa Endy	13	Westfield	NJ	...17:46 -
30:06.2				
20. Gabriela Kluzinski	15	Queens	NY	5:35 - 18:04 -
30:41.8				
21. Patricia Wang	15	Fresh Meadow	NY	5:43 - 18:10 -
31:35.4				
22. Sarah Haber	17	Clarkstown	NY	5:53 - 19:52 -
33:08.4				
23. Tahsin Akanda	16	Queens	NY	6:01 - 19:17 -
33:41.1				
DQ Sarah Sauber	16	Ronkonkoma	NY	5:35 -
17:16 DQ				

Judges; Chief Reggie Weissglas-NY; Lon WilsonNY; Bill Pollinger-NJ; Tom Menendez-Maine; Ron Daniel-Connecticut; Asst. Chief Stella Cashman-NY

***Nyack Racewalks 2013 Race #2A, Open/USATF-NY 5000 Meters***

***10:45 AM, 50 degrees, gusty***

***400m Nyack HS composition Track***

<b>Name</b>	<b>Age</b>	<b>Town</b>	<b>1K</b>	<b>3K</b>	<b>Final</b>
1. Katie Burnett	F24	Rochester, NY	4:47	14:12	23:35.1
2. Spencer Dunn	M14	Auburn, Maine	4:59	15:07	25:15.9
3. Jack Lazor	M16	Madison, Conn.	5:24	17:10	28:02.6
4. John Fredericks	M65	Brick, NJ	5:52	18:18	30:56.5
5. Elizabeth Pasquale	F60	Ossining, NY	6:07	18:48	31:40.6
6. Yashvi Sharma	M15	Queens, NY	6:00	20:18	33:43.8
7. Amy Tonsits	F55	Brooklyn, NY	7:59	22:31	36:56.1
8. Barry Blake	M58	Summit, NJ	6:59	22:25	37:02.9

***Nyack Racewalks 2013 Race #2B, Open/USATF-NY 10,000 Meters***

***10:45 AM, 50 degrees, gusty***

**Name**                      **Age** **Town** (Splits at 2K, 4K, 6K, 8K and Final 10,000 meter time)

**1. Dan Serianni M22** Genesee Junction, NY  
9:35, 19:02, 28:28, 37:52, **47:00.8**

**2. Dave Talcott M51** Owego, NY  
9:47, 19:42, 29:43, 39:53, **50:04.8**

**3. Rachel Tylock F20** Rochester, NY  
10:36, 21:17, 31:52, 42:37, **53:11.2**

**4. Brittany Collins F18** Bohemia, NY  
10:21, 21:05, 32:01, 43:10, **53:53.1**

**5. John Soucheck M47** Little Silver, NJ  
10:54, 21:43, 32:36, 43:31, **54:19.0**

**6. Bill Vayo M48** White Plains, NY

11:22, 22:56, 34:31, 46:15, **57:33.6**

**7. Bruce Logan M47** New York, NY

12:23, 24:07, 36:02, 48:37, **1:01:26.0**

**8. Alexis Davidson M57** Brooklyn, NY

12:43, 25:35, 38:56, 52:32, **1:06:19.0**

Judges: Chief Judge Ron Daniel - Connecticut; Stella Cashman - New York; Bill Pollinger - New Jersey; Tom Menendez - Maine; Joe Shufelt - Adirondack; Asst. Chief Judge Reggie Weissglas - NY

Starter - Tom McTaggart - NY; Finish Line - Larry Beckerle - Southern Catskills; Finish Line - Kathleen Davies - Southern Catskills; Timer - Debbie Frederick - NY;

Further Officiating Assistance provided by Gary Westerfield - Long Island (pre-race clinic) and MaryAnne Daniel - Connecticut (DQ Board guidance).

April 7th 2013 Judging Summary Sheets can be sent on request

# 2012 Results

## The Nyack Racewalks, April 1st, 2012, Nyack HS, Nyack NY

Weather: 45 degF, Cloudy, No wind, 400 meter composition track

### **Race #1 - HS Girls 5000 meters - 10:00AM (splits at 1KM, 3KM)** (13 Competitors, no Disqualifications)

1.	26:34.7	Katie Michta	Age 15;	5:06; 15:47
2.	27:01.3	Jiwon Kang	17;	5:07; 16:07
3.	27:06.9	Sophia Mahin,	15;	5:17; 16:13
4.	27:09.6	Kelly Maranchuck,	17;	5:06; 16:08
5.	27:27.7	Holly Lindoe,	16;	5:16; 16:12
6.	29:24.8	Sarah LaPorta,	16;	5:37; 17:28
7.	29:35.6	Jordann Green,	18;	5:38; 17:30
8.	29:43.2	Natalie DeQuarto,	16;	5:39; 17:52
9.	29:55.6	Katie Connors,	16;	5:37; 18:17
10.	30:22.6	Kristina Magana,	17;	5:40; 18:23
11.	31:49.4	Caitlin Apollo,	15;	6:06; 19:02
12.	33:46.8	Monica Duque,	17;	6:11; 20:11
13.	33:51.2	Francesca Aiello,	17;	6:19; 20:11

### **Race #2 - Open 5000/10000 meters- 10:40AM** (10 Competitors, No Disqualifications)

#### 5000 Meter Competitors (splits at 1K, 3K)

1.	24:44.0	Dave McGovern,	M46;	4:50; 14:44
2.	27:09.6	Bill Vayo,	M46;	5:23; 16:18
3.	28:27.4	Spencer Dunn,	M13;	5:30; 16:50
4.	28:50.4	Jenna Monahan,	F22;	5:33; 16:51
5.	29:45.7	Cher Armstrong,	F25;	5:43; 17:39
6.	31:06.6	Lisa Brevogel,	F21;	5:55; 18:51
7.	31:26.9	Larry Beckerle,	M51,	5:54; 18:29
8.	32:35.1	Panseluta Geer,	F65,	6:26; 19:27

#### 10000 Meter Competitors (splits at 2K, 4K, 6K, 8K)

1.	59:59.7	Bruce Logan,	M47;	12:44; 25:24; 36:35; 48:24
2.	1:04:33.1	Alexis Davidson,	M56;	12:43; 25:36; 38:19; 51:22

Judges: Stella Cashman(USATF-NY), Rick Tuers (USATF-Adirondack), Gary Westerfield (USATF-LI), Lon Wilson (USATF-NY); Chief Judge Reggie Weissglas (USATF-NY); Ass't Chief Judge Shawn Frederick (USATF-NY)

Officials: Starter/Umpire Jay Kaplan (NYS-Southern Catskills); Chief  
Finish Line Debbie Frederick (USATF-NY)

April 1st 2012 Judging Summary Sheets can be sent on request