

COACHES AND ATHLETES INFORMATION PACKET

EDITION 1—JUNE 19, 2013

EDITION 1

Special points of interest:

- **TOP 8 FROM EACH ASSOCIATION MEET ADVANCE TO THE REGION 1 CHAMPIONSHIPS**
- **ENTRIES ARE DUE BY JULY 1ST AT 11:59PM**
- **RESERVE YOUR HOTEL ROOMS EARLY**
- **NEW AND IMPROVED SCHEDULE OF EVENTS**
- **TOP 5 ADVANCE TO THE NATIONAL CHAMPIONSHIPS BEING HELD IN NORTH CAROLINA**

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REGION 1 CHAMPIONSHIPS JULY 5TH, 6TH, & 7TH ICAHN STADIUM - NEW YORK, NY

ABOUT

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USA TRACK & FIELD NEW YORK

USATF New York is the local association of USA Track & Field, Inc. covering the geographic area of the state of New York south of and including Sullivan, Orange, and Dutchess counties, with the exception of Suffolk and Nassau counties.

The mission of USATF New York is to provide vision and leadership to the sport of Athletics in the geographic area described above, and to support USATF's mission to drive competitive excellence and popular engagement in the sport

RANDALL'S ISLAND PARK ALLIANCE

The Randall's Island Park Alliance, Inc. (RIPA) is a 501(c)(3) non-profit organization that works with the City of New York and local communities to provide an innovative and exciting destination through a wide range of sports venues, cultural events and environmental exploration. As the dedicated steward of Randall's Island Park, the Alliance sustains, maintains, develops and programs the Park to support the wellbeing of all New Yorkers. Randall's Island Park attracts 1.7 million visitors to the Island per year, many of whom are local children who participate in our free youth programming. In conjunction with the Department of Education, the Public Schools Athletic League, and the CHAMPS program, we offer year-round daytime and afterschool youth athletic programs in tennis, soccer, golf, dance and rugby. During the summer, our free six-week summer camp program serves over 1,500 children from 25 community-based organizations from neighboring Harlem and the Bronx. In addition, each year our Wetlands Stewardship programming provides opportunities for over 2,500 NYC public school students to visit, study, and volunteer.

ICAHN STADIUM

Icahn Stadium, located along Randall's Island Park's northwestern shoreline, is visible from the East Side of Manhattan and the FDR Drive. The \$42 million facility – built through a 1:1 ratio of public and private funding, and with a final \$10 million naming sponsorship by New York City financier Carl Icahn — meets International Amateur Athletic Federation (IAAF) specifications for accommodating local, national and international track and field events, including Olympic training and trials. It offers a standard 400-meter Mondo surface running track, flanked by covered spectator seating with dramatic views of the East River and Manhattan skyline. The stadium is illuminated by a pair of light towers, and is partially sheltered by a cantilevered roof. Modern locker rooms, showers and meeting rooms have been constructed within the stadium, housing some of RIPA's various Randall's Island Kids (RIK) programs including the Jesse Owens track club, RIK Dance programs, and components of RIK summer camp. In addition, an artificial surface premier soccer field to the north of the Stadium is outfitted with a scoreboard, fencing, lighting and bleachers for spectator events.

2013 JUNIOR OLYMPIC REGION 1 CHAMPIONSHIPS

JULY 5TH, 6TH, & 7TH

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Friday - July 5th		9:00	Shot Put Circle 1 (6G, 5G, 4G)
11:00	Hammer Throw Girls (5G, 6G)	9:00	Shot Put Circle 3 (6B, 5B, 4B)
12:00	Hammer Throw Boys (5G, 6G)	9:30	80m HH Trials (3G, 3B)
2:00	Pentathlon Girls 80m Hurdles (3G and 4G)	9:50	100m HH Trials (4G, 4B, 5G, 6G)
2:00	Discus (3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)	10:00	High Jump Pit 1 (2G, 3G, 4G, 5G, 6G)
2:10	Pentathlon Boys 80m Hurdles (3B and 4B)	10:15	110m HH Trials (5B, 6B)
2:30	Pentathlon Girls Shot Put Pit 1(3G and 4G)	10:30	Decathlon 110m HH (5B, 6B)
2:30	Heptathlon Girls 100m Hurdles (5G and 6G)	10:30	Heptathlon Long Jump Pit 1 (5G, 6G)
2:40	Pentathlon Boys Shot Put Pit 2 (3B and 4B)	10:45	100m Trials (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
3:00	Decathlon Boys 100m Dash (5B and 6B)	11:15	Decathlon Discus (5B, 6B)
3:10	Heptathlon Girls High Jump Pit 3 (5G and 6G)	11:20	Heptathlon Javelin Runway 2 (5G, 6G)
3:15	Triathlon Girls Shot Put Circle 1 (2G)	11:30	Long Jump Pit 1 (6G, 5G, 4G)
3:15	Triathlon Boys Shot Put Circle 2 (2B)	11:30	Long Jump Pit 2 (6B, 5B, 4B)
3:15	Pentathlon Girls High Jump Pit 1 (3G and 4G)	12:10	Heptathlon 800m Run (5G, 6G)
3:25	Pentathlon Boys High Jump Pit 2 (3B and 4B)	12:15	800m Run (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
3:40	Decathlon Boys Long Jump Pit 1(5B and 6B)	12:30	Javelin Runway 1 (4G, 4B)
4:00	Pole Vault Pit 1 (4B, 5B, 6B)	12:30	Decathlon Pole Vault Runway 1 (5B, 6B)
4:00	Pole Vault Pit 2 (4G, 5G, 6G)	1:15	110m HH Finals (5B, 6B)
4:00	Triathlon Girls High Jump Pit 1 (2G)	1:25	100m HH Finals (4G, 4B, 5G, 6G)
4:00	Triathlon Boys High Jump Pit 2 (2B)	1:35	80m HH Finals (3G, 3B)
4:15	Heptathlon Girls Shot Put Circle 1 (5G and 6G)	1:45	100m Finals (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
4:30	Decathlon Boys Shot Put Circle 1 (5 B and 6B)	2:15	400m (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
4:40	Pentathlon Girls Long Jump Pit 1 (3G and 4G)	2:00	Decathlon Javelin Runway 1 (5B, 6B)
4:40	Pentathlon Boys Long Jump Pit 2 (3B and 4B)	2:45	Javelin Runway 1 (5G, 5B, 6G, 6B)
5:00	Triple Jump Pit 1 (4B, 5B, 6B)	3:20	Decathlon 1,500m (5B, 6B)
5:00	Triple Jump Pit 2 (4G, 5G, 6G)	3:30	2,000 Steeplechase (5G, 6G)
5:05	Heptathlon Girls 200m (5G and 6G)	3:50	2,000 Steeplechase (5B, 6B)
5:15	Triathlon Girls 200m (2G)	4:05	4X100 Final (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
5:20	Decathlon Boys High Jump Pit 3 (5B and 6B)	Sunday - July 7th	
5:30	Triathlon Boys 400m (2B)	9:00	High Jump Pit 1 (2B, 3B, 4B, 5B, 6B)
5:40	Pentathlon Girls 800m (3G and 4G)	9:30	200m Hurdles (4G, 4B)
5:45	Pentathlon Boys 1500m (3B and 4B)	9:45	400m Hurdles (5G, 5B, 6G, 6B)
5:50	1,500m Racewalk (2G, 2B, 3G, 3B)	10:00	Shot Put Circle 1 (1G, 2G, 3G)
6:05	3,000m Racewalk (4G, 4B, 5G, 5B, 6G, 6B,)	10:00	Shot Put Circle 2 (1B, 2B, 3B)
6:25	3,000m Run (3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)	10:00	Long Jump (3G, 2G, 1G)
6:50	Decathlon Boys 400m (5B and 6B)	10:00	Long Jump (3B, 2B, 1B)
Saturday - July 6th		10:05	4X800m Relay (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
9:00	Turbo Jav Girls Runway 3 (1G, 1B, 2G, 2B)	10:45	200m Trials (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
9:00	Javelin Runway 1 (3B)	12:15	1,500m (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)
9:00	Javelin Runway 2(3G)	1:45	200m Final
		2:45	4X400m Relay (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B)

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ICAHN STADIUM COMPETITION SPECIFICATION

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- ICAHN STADIUM IS A IAAF CLASS 1 FACILITY WITH A SUPER X MONDO RUNNING SURFACE
- ALL EQUIPMENT IS UCS INTERNATIONAL AND CERTIFIED BY THE IAAF
- ICAHN STADIUM IS EQUIPED WITH TWO SETS OF POLE VAULT PITS, FOUR LONG JUMP/TRIPLE JUMP PITS, FOUR SHOT PUT CIRCLES, THREE HIGH JUMP PITS, THREE JAVELIN RUNWAYS, ONE DISCUS/HAMMER CIRCLE, AND 180 UCS AUTO ADJUSTING HURDLES
- IMPLEMENTS FOR ALL THROWING EVENTS WILL BE PROVIDED ATHLETES ARE ENCOURAGED TO BRING THEIR OWN EQUIPMENT, NO VAULTING POLES WILL BE SUPPLIED
- FACILITY MAP ENCLOSED

ICAHN STADIUM RULES

- GATES WILL OPEN ONE HOUR BEFORE FIRST EVENT AND CLOSE 30 MINUTES FOLLOWING THE LAST EVENT
- TENTS ARE NOT PERMITTED INSIDE OF ICAHN STADIUM
- HARD COOLERS ARE NOT PERMITTED INSIDE OF ICAHN STADIUM
- 1/4 INCH PYRAMID SPIKES ONLY; ATHLETES WITH LONGER SPIKES WILL BE ASKED TO LEAVE THE TRACK.
- PERSONAL STARTING BLOCKS OR BATONS WILL NOT BE PERMITTED

QUALIFYING FOR REGIONALS AND ENTRY PROCEDURE

- THE FOLLOWING ASSOCIATIONS ARE ELLIGBLE FOR THE REGION 1 CHAMPSONSHIP; ADIRONDACK, CONNECTICUT, LONG ISLAND, MAINE, NEWYORK, AND NEW ENGLAND
- THE TOP 8 BOYS AND GIRLS IN EACH EVENT AT EACH ASSOCIATION MEET ADVANCE
- ENTRY FEE'S; INDIVIDUAL EVENTS \$7, RELAYS \$28, TRIATHLON/PENTATHLON \$15, HEPTATHLON/DECATHLON \$20
- ATHLETES 8 AND UNDER, 9-10, 11-12 YEARS OLD MAY COMPETE IN A MAXIMUM OF 3 EVENTS AND ATHLETES 13-14, 15-16, AND 17-18 YEAR OLD DIVISIONS MAY COMPETE IN A MAXIMUM OF 4 EVENTS.
- ALL ENTRIES MUST BE SUMBIMTTED ONLINE AT www.coacho.com
- ENTRIES WILL OPEN ON JUNE 15TH AND CLOSE ON JULY 1ST AT 11:59PM
- LATE ENTRIES WILL NOT BE ACCEPTED
- ALL AGE VERIFICATIONS MUST BE SUBMITTED AND PROCESSED BY YOUR ASSOCIATION PRIOR TO THE ENTRY DEADLINE OF JULY 1ST

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ATHLETE FLOW / CLERKING PROCEDURES

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- ATHLETES WILL BE ASKED TO CONDUCT ALL WARM-UPS ON THE ICAHN STADIUM COMPLEX SOCCER FIELD LOCATED NORTH OF THE STADIUM. HURDLES WILL BE PROVIDED IN THIS AREA.
- FOR RUNNING EVENTS; FIRST CALL FOR EVENTS WILL BE MADE 60 MINUTES PRIOR TO THE EVENT WITH A 2ND AND FINAL CALL BEING MADE 30 MINUTES PRIOR TO THE SCHEDULED START TIME.

CHECK-IN PROCEDURES

- FOR FIELD EVENTS FIRST CALL WILL BE MADE 90 MINUTES PRIOR TO THE SCHEDULED START TIME OF THE EVENT WITH A 2ND AND FINAL CALL BEING MADE 60 MINUTES PRIOR TO THE SCHEDULED START TIME. AT THIS POINT ATHLETES WILL BE ESCORTED BY THE HEAD OFFICIAL TO THE FIELD EVENT AREA.
- ATHLETES ARE NOT PERMITTED TO LEAVE THE CLERKING AREA OR THE FIELD EVENT AREA ONCE THE FINAL CALL HAS BEEN MADE WITHOUT PERMISSION OF THE HEAD CLERK OR HEAD OFFICIAL AND BEING ESCORTED BY A MARSHAL.
- AT THE CONCLUSION OF THE EVENT THE TOP FIVE ATHLETES WILL BE ESCORTED TO THE MIX ZONE TO PICK UP THEIR SWEATS AND THEN TO THE MEDIA AREA FOR INTERVIEWS AND PHOTOS. ONCE RESULTS HAVE BEEN FINALIZED ATHLETES WILL BE ESCORTED TO THE AWARDS PODIUM FOR THE MEDAL CEREMONY.

IMPORTANT INFORMATION FOR ATHLETES AND COACHES

- PROTESTS ARE PERMITTED TO BE FILED UP TO 30 MINUTES AFTER THE RESULTS HAVE BEEN POSTED. ALL PROTESTS MUST BE FILED WITH A \$25 PROTEST FEE WHICH IS REFUNDABLE IF THE PROTEST IS UPHOLD.
- A \$25 LOST BIB NUMBER FEE WILL BE CHARGED FOR ALL LOST BIB NUMBERS
- PARKING AND ADMISSION TO THE 2013 REGION 1 CHAMPIONSHIPS WILL BE FREE
- A COACHES SOCIAL WILL BE HELD AT THE LAGUARDIA PLAZA HOTEL ON SATURDAY NIGHT AT 6PM

PACKET PICK-UP AND COACHES CREDENTIALS

STADIUM GATES WILL OPEN APPROXIMATELY 90 MINUTES PRIOR TO THE FIRST EVENT. PACKET PICK-UP WILL BE AVAILABLE ON THE 2ND FLOOR OF ICAHN STADIUM. THE STADIUM WILL CLOSE SHORTLY FOLLOWING THE LAST EVENT. COACHES WILL BE GIVEN 1 CREDENTIAL PER 10 ATHLETES **PROVIDED** ALL COACHES ARE LISTED ON THE USATF YOUTH BACKGROUND CHECK LIST.

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ADVANCEMENT TO NATIONALS

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- IN ALL NON-MULTI INDIVIDUAL EVENTS THE TOP 5 GIRLS AND TOP 5 BOYS WILL ADVANCE TO THE NATIONAL CHAMPIONSHIPS
- THE TOP 5 GIRLS RELAY TEAMS AND TOP 5 BOYS RELAY TEAMS WILL ADVANCE TO THE NATIONAL CHAMPIONSHIPS
- THE TOP 2 GIRLS AND TOP 2 BOYS IN ALL MULTI EVENTS WILL ADVANCE TO THE NATIONAL CHAMPIONSHIPS

MEDICAL STAFF

- MEDICAL STAFFING WILL BE LOCATED IN A TENT LOCATED ON THE GRASS PANEL DIRECTLY FOLLOWING THE FINISHLINE AT THE NORTH EAST CORNER OF THE STADIUM
- WATER WILL BE AVAILABLE FOR ATHLETES IN THE WARM-UP AREA, CLERKING AREA, AND BY THE FINISHLINE
- THE ICAHN STADIUM EMERGENCY MANUAL IS AVAILABLE UPON REQUEST

DIRECTIONS

ICAHN STADIUM IS ACCESSIBLE BY CAR , BUS, AND BY FOOT

- DRIVING TO THE ISLAND WILL TAKE APPROXIMATELY 10 MINUTES FROM AIRPORT HOTELS
 - MTA BUSING WILL TAKE APPROXIMATELY 45 MINUTES TO TRAVEL TO THE STADIUM.
- FOR DIRECTIONS PLEASE VISIT <http://randallsisland.org/maps-directions>
- TOLLS TO ENTER RANDALL'S ISLAND IS \$7.50 CASH OR \$5.33 WITH EZ-PASS

PLACES TO EAT

WITHIN ICAHN STADIUM YOU WILL FIND CONCESSION STANDS SERVING HOT FOOD. OTHER PLACES TO EAT ON THE ISLAND INCLUDE;

- THE PATIO BAR AND GRILL AT THE RANDALL'S ISLAND GOLF CENTER
- THE CAFÉ AT THE SPORT TIME TENNIS CENTER
- COMFORT STATION CONCESSION STANDS LOCATED IN 5 ADDITIONAL LOCATIONS ALONG THE PARKS PATHWAYS

ENTERTAINMENT / ATHLETE VILLAGE

ENTERTAINMENT AND A INTERACTIVE ATHLETE VILLAGE WILL BE AVAILABLE FOR ALL ATHLETES AND SPECTATORS PARTICIPATING IN THE 2013 USA TRACK & FIELD JUNIOR OLYMPIC CHAMPIONSHIPS. ADDITIONAL INFORMATION WILL BE AVAILABLE SOON.

RANDALL'S ISLAND ALSO HAS OVER 6 MILES OF WATER FRONT PATHWAYS, A GOLF CENTER WITH MINITURE GOLF, BATTING CAGES, TABLE GAMES, AND A PLAY GROUND FOR YOUNGER

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LIST OF KEY OFFICIALS

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HEAD OFFICIAL—ADAM SANFORD

HEAD CLERK—

CHIEF OF MULTI EVENTS—MARY ONKEN

CHIEF STARTER—

WEIGHTS AND MEASURES—

RUNNING REFEREE—

FIELD REFEREE—

TECHNICAL OFFICIAL—

HOTEL INFORMATION

THE COURTYARD MARRIOTT—LAGUARDIA AIRPORT (2 MILES FROM ICAHN STADIUM) IS HOLDING A ROOM BLOCK FOR \$129.00 PER NIGHT. 718-308-4743

THE LEXINGTON @ 48TH STREET (12 MILES FROM ICAHN STADIUM A 4 START HOTEL IN THE HEART OF MANHATTAN) IS HOLDING A ROOM BLOCK FOR \$135 PER NIGHT. 1-800-448-4471

ADDITIONAL HOTELS CAN BE FOUND AT REASONABLE PRICES BY VISITING WWW.HOTELS. PLEASE ENTER THE ICAHN STADIUM ZIP CODES OF 10035 FOR HOTELS RANGING BETWEEN \$75-\$130 PER NIGHT ALL LOCATED WITHIN 20 MILES OF ICAHN STADIUM.

RESULT LINKS/SOCIAL MEDIA PAGES

LIVE RESULTS FOR THE 2013 REGION 1 CHAMPIONSHIPS CAN BE FOUND BY VISITING; www.icahnstadium.org/live2013region1jo FINAL RESULTS AT THE CONCLUSION OF EACH DAY WILL BE POSTED ON www.newyork.usatf.org

PHOTO'S AND VIDEO'S OF THE EVENT CAN BE FOUND BY VISITING BOTH THE USATF NEW YORK

SPONSORSHIP OPPORTUNITIES

MARKETING OPPURTUNITIES ARE AVAILABLE FOR THE USATF JUNIOR OLYMPIC REGION 1 CHAMPIONSHIPS. AVAILABLE OPPURTUNITIES ARE BUT NOT LIMITED TO; PRODUCT DEMOSTRATIONS, MERCHANDISING, GIVE AWAYS, SIGNAGE, PROGRAM ADVERTISMENT, LOGO AND VIDEO PLACEMENT, AND INFORMATIONAL PRODUCTS PROVIDED IN ATHLETE PACKETS.

MEDIA, VIDEO, AND PHOTO RELEASE

USA TRACK & FIELD NEW YORK, ICAHN STADIUM, AND THE RANDALL'S ISLAND PARK ALLIANCE HAS THE RIGHT TO USE YOUR PHOTO OR YOUR LIKENESS IN ALL PHOTO'S TAKEN AT THE 2013 USA TRACK & FIELD REGION 1 CHAMPIONSHIPS. ANY OTHER MEDIA OR PHOTOGRAPHERS MUST FILL OUT A CREDENTIAL APPLICATION WHICH WILL THEN BE APPROVED OR DENIED BY USATF NY AND THE RANDALL'S ISLAND PARK ALLIANCE. APPROVED MEDIA CAN PICK-UP THEIR CREDENTIAL AT THE PACKET PICKUP TABLE. PHOTOGRAPHERS WITH CREDIENTAILS WILL ONLY BE PERMITTED ON THE GRASS PANELS AND THE OUTER GREY TRACK AREA. ACCESS TO THE

WE ARE NEW YORK!

WANT A CHANCE TO RUN ON THE NEW
ICAHN STADIUM TRACK BEFORE REGIONALS?

HERE IS YOUR CHANCE

2013 YOUTH CHALLENGE SERIES

SUNDAY, MAY 19TH

(adidas Grand Prix Youth Trials)

SUNDAY, JUNE 30TH

NORTHEAST
YOUTH INVITATIONALS

INFORMATION FOR THESE
THESE GREAT YOUTH EVENTS
CAN BE FOUND BY VISITING
WWW.NEWYORK.USATF.ORG

THE RANDALL'S ISLAND PARK ALLIANCE &
USA TRACK & FIELD NEW YORK

PRESENTS



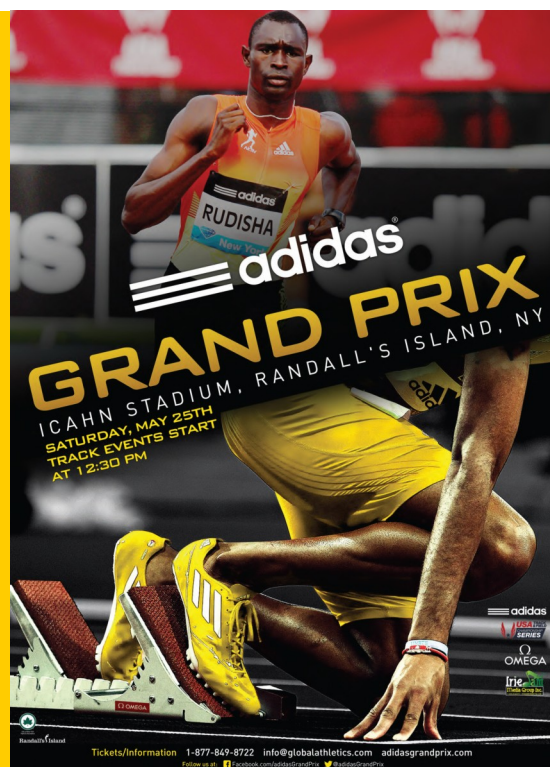
Adidas Grand Prix

May 25th—Icahn Stadium

Group discounts available by visiting
www.adidasgrandprix.com

USATF member discount code
AGPUSATF

**Trials for 7 & 8 year old fastest kid on
the block and youth 4 X 400m relays
will take place at the youth challenge
series on May 19th at Icahn Stadium.**



IAAF Diamond League



FIELD OF PLAY MAP

