

2016 National Youth Preview

Ocean Breeze Track & Field Athletic Complex

Staten Island, NY

March 6, 2016

55 meter hurdles, 55 meter, 200 meter, 800 meter, 1500 meter, 4 x 400 meter relay, High Jump, Long Jump, and Shot Put.

<p>Eligibility</p>	<p>All youth athletes are required to be USA Track & Field members in order to compete in the 2015-2016</p> <p>Athletes competing for their High School teams are not eligible to compete.</p> <p>Athletes must report to the clerking area or to field event area with pre-printed entry label. Athletes who do not will be turned away.</p> <p>Athletes will be permitted to compete in either two running events and one field event or two field events and one running event for a total of three each. This limit will be strictly enforced</p>
<p>Entry</p>	<p>Coaches will be required to enter all athletes into events with accurate seed times. The meet will be pre-seeded and athletes will receive labels with heat and lane assignment. Coaches may enter NT or NM and athletes will be randomly seeded in unseeded heats.</p> <p>All entry fees must be paid in full online before the close of entries. Any entries that are not paid for in advance will not be accepted.</p> <p>NO DAY OF ENTRIES WILL BE ACCEPTED - NO EXCEPTIONS!</p> <p>Enter Here</p> <p>Entry fee: \$6.00 per event and \$24 per relay</p>
<p>Entry Deadline</p>	<p>March 2nd at 11:59 p.m. EST</p>
<p>Packet Pick-up</p>	<p>Packet Pick-up will begin at 8:30am for all meets on the 2nd floor of Ocean Breeze Athletic Facility.</p>

Pre-Meet Warm-up	<p>The field of play will be open for warm-up from 8:00am-8:30am. We ask that all athletes and coaches to be respectful of this timeline. The meets will start promptly at 9:30 am.</p> <p>Field events are not permitted to warm-up until the event is called and officials have opened the circle or runway.</p>
Athlete Check-In	<p>Athletes will be clerked in on the 2nd floor of the facility and brought to the track by running marshals.</p> <p>Field event athletes will report directly to their field event when called.</p> <p>All event will have a 1st, 2nd, and 3rd call and will close approximately five minutes after the 3rd and final call.</p> <p>Please make sure your athletes are alert and paying attention to all announcements.</p> <p>Events will be called by age group. Boys and girls will alternate through events.</p>
Relays	<p>In preparation for the Hershey National Relays we will run a 15-18 year old division.</p> <p>All athletes must be from the same club team - NO ALL-STAR TEAMS!</p> <p>Relays count towards event totals.</p> <p>Batons will be provided - athletes should not bring batons to the clerking area.</p>
Field Events	<p>All field events will receive 3 throws - no finals</p> <p>Limited implements will be supplied; athletes are encouraged to bring their own.</p>
Accepted Entries	<p>Heat sheets for each meet will be e-mailed to all coaches by Friday morning.</p>
Spikes and Facility Rules	<p>Ocean Breeze only permitted 1/8" and 1/4" pyramid spikes. Hard bottom spikes are also not permitted. Anyone found with illegal spikes will be DQ'ed. Spikes will be fore sale on the 2nd floor at spike check.</p> <p>No hard coolers, chairs, tents, or pets are permitted inside the complex.</p>
Awards	<p>Medals to the top 3 in each event and age group.</p>
Results	<p>Live results can be found at OceanBreezeNYC.org/results</p>

Implement and Hurdle Heights

Youth Weights and Heights	55 M Hurdles	Shot Put
Division 1 (8 year olds & under)*		2K
Division 2 (9-10 year olds)		6lb
Division 3 (11-12 year olds)	30"	6lb
Division 4 (13-14 year olds)	33"	4K
Division 4 (13-14 year olds)	30"	6lb
Division 5 (15-16 year olds)	39"	12lb
Division 5 (15-16 year olds)	33"	4K
Division 6 (17-18 year olds)**	39"	12lb
Division 6 (17-18 year olds)**	33"	4K

Age Divisions

Age Divisions Division	Year of Birth
Division 1 (8 year olds & under)*	2008+*
Division 2 (9-10 year olds)	2006-2007
Division 3 (11-12 year olds)	2004-2005
Division 4 (13-14 year olds)	2002-2003
Division 5 (15-16 year olds)**	2000-2001
Division 6 (17-18 year olds)**	1998-1999**

* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

** Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the Young Men's and Young Women's divisions through that meet. This extended eligibility does not apply to cross country events.

Sunday, March 6, 2016

Ocean Breeze Track & Field Athletic Complex

Schedule of Events

Events will rotate girls followed by boys for each age group

9:30am	Girls 55 Meter Hurdles (Division 3, Division 4, Division 5, Division 6)
	Boys 55 Meter Hurdles (Division 3, Division 4, Division 5, Division 6)
	Girls 55 Meter Dash (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
	Boys 55 Meter Dash (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
9:30am	Girls 1500 Run (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
	Boys 1500 Run (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
	Girls 200 Meter Dash (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
	Boys 200 Meter Dash (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
	Girls 800 Meter Dash (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)
	Boys 800 Meter Dash (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)

Girls 4x400M (Division 1, Division 2, Division 3, Division 4, 15-18 year old)

Boys 4x400M (Division 1, Division 2, Division 3, Division 4, 15-18 year old)

9:30am

Boys Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)

Girls Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)

Boys Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)

Girls Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)

Girls High Jump (Division 6, Division 5, Division 4, Division 3, Division 2)

Boys High Jump (Division 6, Division 5, Division 4, Division 3, Division 2)